



BUILDING BIRTHING CENTERS IN RURAL NEPAL



Nepal's 2015 earthquake, registering at 7.8 on the Richter scale, had devastating effects on rural Nepal, destroying 600,000 buildings and killing 9,000 people.

In the Sindhupalchowk district, there were 79 healthcare facilities before the earthquake and of those 79, 40 were completely damaged and 19 were partially damaged. A health services, but particularly maternal and newborn health services, were severely impacted. **The severe deficit in access to safe and affordable healthcare is a lasting impact of the 2015**

earthquake that continues to affect rural women and families in Nepal.

At CARE we know that all families deserve the right to bring their newest members into the world in a safe, clean environment with the necessary medical professionals and medical materials they need. **Maternal and infant mortality is a largely preventable tragedy and at CARE we are doing our part to ensure that bringing new life into the world is a safe and joyous time for families.**

Through this project, CARE is improving access to quality, equitable maternal, newborn, and reproductive health services in one of the most remote districts of Nepal. CARE is implementing a holistic approach by strengthening local healthcare systems and addressing a multitude of care quality and access inequality issues associated with maternal, newborn, and reproductive health.

Together with local governments and partners, CARE is working to build birthing centers, provide essential medical equipment to facilities, train healthcare workers, enhance innovation and technology systems like telemedicine, and implement systems that ensure accountability for responsive and quality services.



Additionally, CARE is supporting adolescent girls by improving their access to sexual and reproductive healthcare information and services. CARE is doing this by building water, sanitation, and hygiene infrastructure in schools, including menstrual health hygiene facilities, developing adolescent health corners at school and by providing training to teachers on adolescent sexual and reproductive health. This provides opportunities to raise awareness about menstrual health and hygiene for adolescents who might not otherwise receive it.

CARE's transformative approach attacks the problem on all sides which contributes to system strengthening for positive social changes. We work in and with the community to address their issues and challenges through mutual effort and context-specific intervention, which has lasting impact in the lives of women and girls.

THANK YOU FOR CONSIDERING A GIFT TO CARE!